*Want some exercise or just plain fun?*
***Welcome all*** *kids, adults, seniors and royalty*

# COMMUNITY SWIM

**Bowdoin College Pool  Sundays 4:30 - 5:30 p.m.**

**2015** *January 11, 18, 25; February 1, 8, 15, 22; March 1, 8, 15, 22, 29.*

# *FREE*

*to residents of Harpswell • Topsham • Bowdoin • Bowdoinham*

*$2.00 per person per visit to all other non-residents.*
**No pre-registration.** *Register at poolside.* **Limit: 75 people per session.**
*FMI contact* **Gina Perow** *at 833-5771 or recreation@town.harpswell.me.us*

## You need to know:

- *You must have medical insurance. Bring your card or a photocopy to register.*

### Bowdoin College Pool Regulations

1. Children must be under the supervision of parent or guardian at all times.
2. Pre-schoolers must be toilet-trained.
3. Non-swimming spectators may use the gallery area, accessible via the upstairs lounge.
4. NO food or drinks are allowed in the locker rooms or on the pool deck.
5. Street shoes are not allowed on the pool deck.
6. **There will be no running anywhere.**
7. There will be **no admittance** to any other area of the Field House except the locker rooms. **Walking on the indoor track is prohibited!**
8. Violation of these rules will mean forfeiture of swim privileges.

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