

# TOP TEN WAYS TO GO GREEN

The following information was obtained from the Town of Ogunquit.

## 1. Recycle



Make recycling paper, plastic and metal a habit. Learn more about Harpswell recycling at the Harpswell Recycling Center.

## 4. Unplug\*



Turn off electrical devices when not in use. Try a power strip for devices that draw power when off like TVs and computers. Shut off lights when leaving a room.

## 8. Conserve water\*



Use water sparingly. Don't leave water running when not in use for shaving, brushing your teeth, scrubbing dishes and the like. Wash full loads of laundry in cold water.

## 2. Adjust your thermostat\*



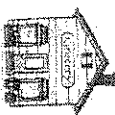
Turn the heat down 2 degrees in the winter. Reduce air conditioning in the summer by using fans and lowering the blinds.

## 5. Give up plastic bags for shopping



Carry canvas, fabric or plastic reusable bags in your car and pocketbook. If you must get a bag at a store, choose paper over plastic.

## 9. Buy local and curtail buying bottled water



Increasing the use of local products means less transportation cost, environmental impact, and packaging.

## 3. Change to Energy Efficient Light Bulbs\*



Replace incandescent bulbs with energy-efficient bulbs as they burn out, with a goal of using these bulbs in at least 50% of your lights. They use 75%

## 6. Practice green yardscaping



Use organic, environmentally friendly lawn products. If you need to water your lawn, reduce the amount of time and water in the morning or evening when there is less evaporation.

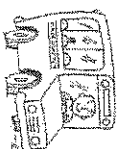
## 10. Reduce use of chemical products



Replace aerosol and chemical products for cleaning, laundry and washing dishes with readily available green products. Chemical cleaners and packaging can stay toxic for many years after they have been disposed of, polluting soil and water. Also, many ordinary household items like baking soda, lemons, and vinegar are effective for standard household chores.

## 7. Drive less and slower

Group errands together and use a bike, your feet, and public transportation more. Do not idle your car engine for more than 10 seconds.



\*Included in the Maine Public Utilities "Carbon Free Homes" Program.