

Town name: \_\_\_\_\_

Auditor name: \_\_\_\_\_

**Rural Active Living Assessment (RALA)  
TOWN-WIDE ASSESSMENT Tool**

**I. Town demographics and characteristics:**

Please complete the following table to summarize town-wide demographics and characteristics for your community.

| Q#  | Demographic/Characteristic  |   |
|-----|---|---|
| 1.  | <b>Town Name:</b>   |   |
| 2.  | <b>County Name:</b>   |   |
| 3.  | <b>Town Population:</b>   |   |
| 4.  | <b>Total Town Area:</b>   | <i>square miles</i>   |
| 5.  | <b>Town Population Density:</b>                                       | <i>per square mile</i>  |
| 6.  | <b>County Population:</b>   |   |
| 7.  | <b>Total County Area:</b>   | <i>square miles</i>   |
| 8.  | <b>County Population Density:</b>                                     | <i>per square mile</i>  |
| 9.  | <b>General Town Topography:<br/>(check one)</b>                       | <input type="checkbox"/> flat<br><input type="checkbox"/> hilly<br><input type="checkbox"/> mountainous<br><input type="checkbox"/> Other: _____  |
| 10. | <b>Presence of "Town Center?":<br/>(check one)</b>                    | <input type="checkbox"/> Yes – one distinct town center<br><input type="checkbox"/> Yes – multiple town centers<br><input type="checkbox"/> No town center<br><input type="checkbox"/> Other: _____ |
| 11. | <b>General Town Street Pattern:<br/>(check one)</b>                   | <input type="checkbox"/> Grid<br><input type="checkbox"/> Radial<br><input type="checkbox"/> No distinguishable pattern<br><input type="checkbox"/> Other: _____                                    |
| 12. | <b>Location of Public High School</b><br><br>School Name: _____       | <input type="checkbox"/> within 1 mile of town center<br><input type="checkbox"/> between 1 and 5 miles from town center<br><input type="checkbox"/> more than 5 miles from town center             |
| 13. | <b>Location of Public Middle School</b><br><br>School Name: _____     | <input type="checkbox"/> within 1 mile of town center<br><input type="checkbox"/> between 1 and 5 miles from town center<br><input type="checkbox"/> more than 5 miles from town center             |
| 14. | <b>Location of Public Elementary School</b><br><br>School Name: _____ | <input type="checkbox"/> within 1 mile of town center<br><input type="checkbox"/> between 1 and 5 miles from town center<br><input type="checkbox"/> more than 5 miles from town                    |

|     |  |   |
|-----|--|---|
|     |  | center  |
| 15. | <p style="text-align: center;"><b>Location of Any Additional School</b><br/>(<i>indicate what type of school</i>)</p> <input type="checkbox"/> Public Elementary School<br><input type="checkbox"/> Public Middle School<br><input type="checkbox"/> Public High School<br><input type="checkbox"/> Private School<br><input type="checkbox"/> College or University<br><input type="checkbox"/> Other | <input type="checkbox"/> within 1 mile of town center<br><input type="checkbox"/> between 1 and 5 miles from town center<br><input type="checkbox"/> more than 5 miles from town center |
|     | School Name: _____   |   |
| 16. | <p style="text-align: center;"><b>Location of Any Additional School</b><br/>(<i>indicate what type of school</i>)</p> <input type="checkbox"/> Public Elementary School<br><input type="checkbox"/> Public Middle School<br><input type="checkbox"/> Public High School<br><input type="checkbox"/> Private School<br><input type="checkbox"/> College or University<br><input type="checkbox"/> Other | <input type="checkbox"/> within 1 mile of town center<br><input type="checkbox"/> between 1 and 5 miles from town center<br><input type="checkbox"/> more than 5 miles from town center |
|     | School Name: _____   |   |
| 17. | <p style="text-align: center;"><b>Location of Any Additional School</b><br/>(<i>indicate what type of school</i>)</p> <input type="checkbox"/> Public Elementary School<br><input type="checkbox"/> Public Middle School<br><input type="checkbox"/> Public High School<br><input type="checkbox"/> Private School<br><input type="checkbox"/> College or University<br><input type="checkbox"/> Other | <input type="checkbox"/> within 1 mile of town center<br><input type="checkbox"/> between 1 and 5 miles from town center<br><input type="checkbox"/> more than 5 miles from town center |
|     | School Name: _____   |   |
| 18. | <p style="text-align: center;"><b>Location of Any Additional School</b><br/>(<i>indicate what type of school</i>)</p> <input type="checkbox"/> Public Elementary School<br><input type="checkbox"/> Public Middle School<br><input type="checkbox"/> Public High School<br><input type="checkbox"/> Private School<br><input type="checkbox"/> College or University<br><input type="checkbox"/> Other | <input type="checkbox"/> within 1 mile of town center<br><input type="checkbox"/> between 1 and 5 miles from town center<br><input type="checkbox"/> more than 5 miles from town center |
|     | School Name: _____   |   |

## II. Town recreational amenities:

The following section is to collect information about recreational amenities available in your town and beyond. For each amenity, please check off its distance from your central town point, the condition of the amenity, and whether it has the specific access features listed. You may include amenities that are located in surrounding towns if you know that residents living in your town tend to use them (for example, if there is not a skate-park in your town, but people travel to the next town over to use that town's skate-park, be sure to include it). If there are any comments related to a specific amenity, please write it in the space provided. If there is more than one of a specific amenity in the town (e.g., two different parks), please list additional amenities in one of the "Other Amenity" sections at the end of the tool.

| Amenity                       | Distance from town center<br>( <i>check one</i> )  | Condition<br>( <i>check one</i> )   | Access<br>( <i>check all that apply</i> )   |
|-------------------------------|--|---|---|
| 1. Hiking or Walking Trail(s) | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                     |  |   |   |
| 2. Biking Path(s)             | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                     |  |   |   |

| Amenity                     | Distance from town center<br>(check one)   | Condition<br>(check one)  | Access<br>(check all that apply)  |
|-----------------------------|--|---|---|
| 3. Public Park(s)           | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                   |  |   |   |
| 4. Swimming Beach           | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                   |  |   |   |
| 5. Public Use Swimming Pool | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                   |  |   |   |

| Amenity  | Distance from town center<br>(check one)   | Condition<br>(check one)  | Access<br>(check all that apply)  |
|--|--|---|---|
| 6. River with canoe/kayak/boat/watersport access | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:  |  |   |   |
| 7. Skate Park                                    | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:  |  |   |   |
| 8. Ice Skating Rink                              | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:  |  |   |   |

| Amenity  | Distance from town center<br>(check one)   | Condition<br>(check one)  | Access<br>(check all that apply)  |
|--|--|---|---|
| 9. Roller Skating Rink   | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:  |  |   |   |
| 10. Town Recreational Center (e.g. YMCA or town recreational facility) | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:  |  |   |   |
| 11. Private Fitness Facility (e.g. Curves, Gold's Gym, etc.)           | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:  |  |   |   |

| Amenity                                       | Distance from town center<br>(check one)   | Condition<br>(check one)  | Access<br>(check all that apply)  |
|---|--|---|---|
| 12. Playground(s)                             | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                                     |  |   |   |
| 13. Playing Fields or Courts                  | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                                     |  |   |   |
| 14. Other Amenity:<br>_____<br>_____<br>_____ | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                                     |  |   |   |

| Amenity                                       | Distance from town center<br>(check one)   | Condition<br>(check one)  | Access<br>(check all that apply)  |
|---|--|---|---|
| 15. Other Amenity:<br>_____<br>_____<br>_____ | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                                     |  |   |   |
| 16. Other Amenity:<br>_____<br>_____<br>_____ | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                                     |  |   |   |
| 17. Other Amenity:<br>_____<br>_____<br>_____ | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                                     |  |   |   |

| Amenity                                       | Distance from town center<br>( <i>check one</i> )  | Condition<br>( <i>check one</i> )   | Access<br>( <i>check all that apply</i> )   |
|---|--|---|---|
| 18. Other Amenity:<br>_____<br>_____<br>_____ | <input type="checkbox"/> Yes – within 1 mile of town center<br><input type="checkbox"/> Yes – 1 to 5 miles from town center<br><input type="checkbox"/> Yes - 5 to 15 miles away from town center<br><input type="checkbox"/> Yes – beyond 15 miles away from town center<br><input type="checkbox"/> No – town does not have this amenity | <input type="checkbox"/> Fair/Poor<br><input type="checkbox"/> Good/Excellent | <input type="checkbox"/> Clearly marked signs for amenity<br><input type="checkbox"/> Designated parking for amenity<br><input type="checkbox"/> Sidewalks leading to amenity |
| Comments:                                     |  |   |   |